

FRIDAY, NOVEMBER 3, 2017

LIF SCHEDULE – District Directed

1st Bell 7:25

1st 7:30 - 8:13

2nd 8:18 - 9:01

3rd 9:06 - 9:49

1st Lunch 9:54 - 10:24

4th 10:29 - 11:14

4th 9:54 - 10:39

2nd Lunch 10:44 - 11:14

5th 11:19 - 12:02

6th 12:07 - 12:50

Buses Depart 12:57

Lunches based on 4th period

1st Lunch – 4, 6 & Auto (minus Gudgeon & Belair)

2nd Lunch – 2, 3, 5 & 7 (plus Gudgeon & Belair)

BRUIN HAPPENINGS

11/1-30 ~ No Shave November

11/3 ~ LIF – District Directed

STAFF & STUDENTS

- Attention seniors, senior quotes are due November 17th. You can pick up a senior quote form in your CCRS class, during lunch or in room 420.
- Book Club is starting back up on Tuesday. Tuesday, November 7th will be our first open meeting. Everyone is welcome. We will be playing games, talking about books and there will be snacks! If you like reading then this is the club for you. So be sure to come to the meeting on November 7th, after school in the library.
- Looking for that perfect gift for your mom during the holidays? Well, come get a packet and order a wreath or poinsettia for your mom, grandma or any other loved ones. Sales end November 17th.
- Want to help increase school spirit and have fun? Go and join Spirit Squad, applications are available outside the activity center! Apps are due November 3rd in the activity or Ms. Belair's mailbox. Spirit Club first meeting will be held on November 9th, in the room 403!

- Students and staff, remember, to wear red, white and blue or camouflage on November 7th. We want to make sure that we show our patriotism on the day of our Veteran's Day recognition assembly.
- Would you like to recognize an active duty or Veteran Military Personnel? Your PAWS teacher has that opportunity! Write your Veterans name on the stars and turn them in to your teacher. These stars will be hung-up in the cafeteria in recognition of those who have or are currently serving our country.
- All boys interested in trying out for the Cascade boys basketball team plan on attending a meeting with Coach McNeal this Thursday evening at 7:00 pm in the Cascade gym...plan on sticking around for some open gym after the meeting.
- It's going to get hairy next month as Cascade student and staff participate in "No Shave November" sponsored by DECA. Support the American Cancer society by coming to the Senior vs. Staff Volleyball match on Friday, November 17 at 7:00 in the Cascade High School Gym. Tickets are \$5.00 general admission and all proceeds go to the American Cancer Society.
- If you park in Cascade's parking lot and have not yet purchased a parking permit, please purchase them as soon as possible! Ticketing starts soon! Parking permits are \$25 with ASB and \$40 without.
- Want to help out those in need? Donate new socks for the next two weeks! All proceeds go to the Everett Gospel Mission to provide warm socks for the upcoming winter. Donation bin is located on stage, in the cafeteria. It's a class competition, so make sure to put your socks in your class section. The winning class will get a prize!
- Seniors! Senior portraits are due to Mr. Sibley November 13th. If you need someone to take your senior portrait, visit Mr. Sibley in room 420 to set up a day.

Quote for the day: Sometimes you just have to stay silent because no words can explain what is going on in your mind and heart.

LUNCH MENU

FRIDAY ~ Chef Choice